Harbor Hospital of Southeast Texas
*Who, What, Where, When, Why and How of LTACH
Harbor Hospital of Southeast Texas is a modern, patient focused facility that delivers the latest in acute care and comprehensive therapies for patients requiring extended hospital stays.
• L – Long
• T – Term
• A – Acute
• C – Care
• H – Hospital

*What Are We?
Recognized by CMS, LTACH is a hospital that generally provides diagnostic and medical treatment or rehabilitation to patients with chronic diseases or complex medical conditions whose average length of stay meets or exceeds 25 days.

*What is an LTACH?
Harbor Hospital of Southeast Texas is located at 860 South 8th Street. Beaumont, Texas 77701

Harbor Hospital has been open since 2005

A 30 bed unit providing highly focused environment of care centered on a patient's long-term health needs.
• Physical Therapy
• Occupational Therapy
• Speech Therapy

Goals set to enhance the patient’s treatment plan and assist them in achieving optimal outcomes and improved quality of life
Harbor Hospital has a Certified Wound Care Nurse who evaluates and recommends therapies for all wound care patients. We specialize in Wound Vac Therapy, Debridement, and Complex Wound Care.
2012 Yearly Statistics

- Harbor Hospital statistical analysis's meets and surpasses the national averages.

- Ventilator wean rate – 79.6%  (National average – around 60.0%) Medscape Today 2012 LTACH Data {150}

- VAP rate – 0.00/1000 (National bench mark: 2.0/1000)

- Blood Stream Infection rate – 0.95/1000 (National bench mark: 2.1/1000) 45.2% below national average

- Urinary Tract Infection rate – 2.34/1000 (National bench mark: 2.6/1000) 0.90% below national average

- Patient Satisfaction Rating = 97.8%
Who Makes Up Our Medical Staff Leadership?

- Oversight Medical Director Counsel
  - Dr. Brauer
  - Dr. Stout
Physicians on staff include but limited to:
Dr. Arfeen
Dr. Gordon
Dr. Brauer
Dr. Thronhill
Dr. Slayton
Dr. Janjua
Dr. Packard
Dr. Ahmad
Dr. John
Dr. Levine

Opportunity for your medical staff continues through an open credentialing process

* Our credentialing process is "OPEN"

* Any physician can make an application, if interested; have the Administrative Assistant forward an application packet to the physician for completion

* Our Medical Director will review and recommend approval through the Medical Executive Committee
* Harbor Hospital of Southeast Texas is in network with Blue Cross, Texas Healthspring and Aetna.

* We negotiate with all other insurance carriers, including Medicare HMO’s, in approving patient prior to transfer.

* Medicare covers LTACH stay under hospital benefit days.
<table>
<thead>
<tr>
<th>Harbor Hospital of Southeast Texas strategic location</th>
<th>The Hospital is located in the medical district less than five minutes from both Baptist Hospital and St. Elizabeth Hospital in Beaumont, Texas.</th>
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<tbody>
<tr>
<td>“Provides diagnostic and medical treatment”</td>
<td>LTACH is a hospital. A patient will receive require daily MD visits and hospital care.</td>
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<tr>
<td>“Rehabilitation to patients”</td>
<td>Physical Therapy, Occupational Therapy and Speech Therapy upon primary physicians request</td>
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<td>“Average length of stay is 25 days”</td>
<td>CMS requirement for determination of appropriate patient selection</td>
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<td>Licensure</td>
<td>Harbor Hospital of Southeast Texas is licensed as an <em>Acute Care Hospital</em></td>
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<td>Regulatory</td>
<td>Texas Department of State Health Services &amp; Medicare Conditions of Participation</td>
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<tr>
<td>Reimbursement</td>
<td>Medicare payment utilizes Hospital Benefit Days under Part A benefits</td>
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<tr>
<td></td>
<td>SNF, Nursing Home, &amp; Rehabilitation) days remain intact</td>
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<td>Harbor Hospital does not participate in Texas Medicaid program</td>
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The Post Acute Continuum

- Higher Acuity
- LTAC
- Rehab
- Sub-acute (SNF)
- Nursing home
- Outpatient Rehab

Lower Acuity
Common Diagnoses Signs:

* Respiratory Failure / Vent dependent
* Wound Care (stage 3-4, fistulas, abscess, vats)
* Infectious Diseases: MRSA, VRE, C-diff
* Long Term IV Therapy (> 3-6 weeks!)
* Hemodialysis
* Wound care/ amputations
* Complicated Diabetes
* Post Surgical Recovery
* Neuro/Trauma, (stroke, spinal cord injury)
* CHF, sepsis
* Multi-System Failure.
* Staffing Competencies

* Our nurses are certified in BCLS/ACLS
* 24 hour Paramedic coverage
* 24 hour Respiratory Therapy coverage
* Physician Coverage: Daily rounds
* Emergency coverage 24/7

* (Other Services):

* Bedside Hemodialysis
* Procedures (PICC, PEG, Bronch, Trach)
* Critical Care Drips: Cardene, Dopamine, Levophed, Insulin etc.
* As soon as it is expected that there is a likelihood the patient will require a “longer than typical” hospital stay – time to start thinking... Harbor LTACH???

*When is it Time for Harbor LTACH?
• We need to be good stewards of our patients’ Medicare days, so the faster we can move the patient through the Healthcare Continuum, the better!

• The average length of stay for our MEDICARE patients is approximately 25 days

• The length of stay for patients with HMOs or private insurance is determined by their insurance company case manager and medical director, depending on patient’s condition

*When...continued*
* Why Refer to Harbor LTACH?

* With early referral, we can perform a preadmission screen and coordinate with you to develop a discharge plan as ordered by the attending physician.

* Our task is to assist in obtaining a receiving physician, if needed, complete the admission criteria, review the patient’s medical record, refer to Harbor Case Manager and expedite approval.

Thus allowing for a seamless transition from facility to facility.
Benefits Referring to Harbor LTACH?

* We can help decrease your hospital’s length of stay
* We can free up beds in your ICU so you can admit more patients
* We can help keep your hospital from going on diversion!
How Do We Get Referrals?

- Acute Hospital
- MD or CM initiated
- MD Office
- SNF Rehabilitation
- Inpatient Rehabilitation
- Home Health Agencies
- Private Referrals
- Nursing Homes
*Referral Sources*

- Case Managers are Key!
- ICU Nurses, Charge Nurses, Nurse Practitioners
- Hospitalists, Physicians
- RT, PT, other Rehab Liaisons